

Welcome Back to the Killarney Fitness Centre...We missed you!

Come enjoy a one-hour workout session at the Killarney Fitness Centre. While the layout of our Fitness Centre has changed to accommodate for physical distancing requirements, you are still able to select from a great variety of exercise equipment. We offer cardio equipment, strength equipment, free weights, and much more.

The capacity of the Killarney Fitness Centre has been lowered to 8 patrons per session with cleaning standards enhanced to provide all participants with a safe and clean environment. Our Fitness Centre is cleaned, maintained, and sanitized in accordance with established health guidelines and standards. We identified all high-touch points within our Fitness Centre and the staff will clean these throughout and between each session. Fitness staff will be available on site should you have any questions.

Please arrive fully dressed for your workout no longer than 10 minutes prior to the start of your reserved session. There is no access to changing rooms or showers however, you will be able to access washrooms. Bring your own water bottle – our water filling station will be available on your way into the Fitness Centre only. Wallet lockers will be available for your convenience.

If you arrive 10 minutes or later after the start of your reserved session, you are considered a no-show and your spot will be made available for drop-in. You will not be entitled to a refund. If you arrive late and the session is not fully booked, please see the Community Centre staff and follow their instructions.

Follow our signage as well as directions from all of our staff and remember to keep a 2meter distance from others at all times. Enjoy your visit!

The nature of this Activity is such that you will interact with other people, continuous physical distance between other people cannot be guaranteed, and, by participating in the Activity, you are at risk of being infected by a pathogen, including but not limited to SARS-COV-2. SARS-COV-2, which causes the disease COVID-19, may exacerbate other health issues and is the cause of an ongoing global pandemic. SARS-COV-2 is highly communicable and dangerous. If you become infected with SARS-COV2, you may transmit it to other people even if you are not exhibiting symptoms of illness.

- Stay home if you are symptomatic or have been in contact with someone that has been tested positive for COVID-19.
- 2metre Physical distancing is required at all times and in all areas of the facility.
- Arrive no more than 10 minutes before the start of your reserved session.
- Follow the signage and directions of staff. There may be separate lines for patrons with reserved sessions and those who want to purchase a drop-in pass (limited quantities).
- Changing rooms are closed at this time, come fully dressed for your workout.
- Please leave through the west Exit door in the Fitness Centre immediately at the end of your reserved session to allow the Fitness staff to clean the high-touch points and equipment.
- Clean as you go – each patron will be provided with the tools to clean all equipment before and after use.

**Fitness Centre Etiquette**

- Limited portable fitness equipment will be available
- Patrons can bring their own portable fitness equipment (limited to small equipment – I.e. ankle straps, weightlifting belts – no resistance bands or skipping ropes permitted) – please consult with Fitness Centre staff prior to bringing in your own equipment
- Our Fitness Centre has capacity of 8 participants
- Follow the flow of traffic as indicated by signage and decals
- Maintain a minimum of 2 meters physical distance between yourself and others

**NOTE:** Do not share equipment, complete all sets and move on to the next exercise

- Only wallet lockers will be available. Please leave all large valuables and bags at home or in your car
- Please follow staff directions and don't hesitate to ask for assistance

Individuals booking sessions online with Leisure Access will need to bring their Park Board OneCard which will be scanned to validate if you are currently enrolled in the Leisure Access program. If you do not have a OneCard and/or are not enrolled in the Leisure Access program you will be requested to pay the appropriate admission fee.